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START TO THE CFL SEASON LEAGUE-WIDE

PAGE 34

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BRINGING GOOD CHEER

Spandy Andy performs for patients at Edmonton's Stollery Children's Hospital Wednesday as part of Comedy Cares.
LAURIE CALLSEN/METRO

Downtown drug bust nets 30

Crime. Cops lay 155 charges in raid after six-week drug investigation

 **MAURICE
TOUGAS**
maurice.tougas@metronews.ca

Complaints from downtown residents about increased drug activity and violence led to a massive police drug operation that resulted in 30 arrests and 155 charges being laid.

The six-week undercover operation, from mid-May to

June, concentrated on a three-block radius along 101 Street between 103-106 avenues, an area known for open drug-dealing.

Acting Supt. Dave Berry described those arrested as being "bottom-level dealers who were preying on people who were trying to access services in that area." However, information obtained from the arrests led to a search warrant on an apartment outside the area, which Berry described as a primary source for drugs. Eight alleged drug dealers were arrested in the raid.

Of the 30 people arrested, 22 remain in custody while the remaining eight were released on bail under multiple conditions, including a ban on returning to the targeted area. Warrants have been issued for six others. Some of those arrested were already out on bail.

The drugs seized were "almost exclusively" crack cocaine, Berry said.

The downtown division is home to a third of the violent crime in the city, and about 30 per cent of the crime that occurs downtown takes place in that small geographic area.

Preserving Church Street

The city is considering the possibility of designating the church-lined 96 Street a historic area PAGE 4

Not for the shy guy

Bright colours, loud prints and bold metallics dominate trends for men next spring and summer PAGE 26

Bored of beef burgers?

Put some pizzazz in your midsummer barbecues with patties made of tuna, salmon and crabmeat PAGE 28

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Calgary Trail

Elderly man dies after struck by car

An elderly man is dead after he and another pedestrian were struck by a vehicle while crossing Calgary Trail at 48 Avenue just before noon on Wednesday.

Police said the man, in his 70s, died at the scene while a woman, also in her 70s, was taken to hospital in critical condition. The driver of the car, a man in his 80s, did not report any injuries. No charges were laid at press time. **METRO**

City consultation

Metered parking may cost more

Paying for parking at meters with your debit or credit card, or even your cellphone is a good idea, according to a council committee.

On Wednesday, city officials were asked to return in the fall with results of consultation with business areas, as well as detailed plans and costing of replacing the city's 3,295 meters. The system is already in use in Calgary.

It could mean parking after 6 p.m. may no longer be free, and could cost more in certain areas. **METRO**

Shaw Communications

Explosion delays emergency crews

Calgary emergency officials were scrambling after an explosion at the Shaw Communications building downtown on Wednesday.

Alberta Health Services computers, Calgary's 911 and 311 systems were left impaired, and there were widespread reports of ATMs and other banking facilities that were down. According to fire officials, an explosion occurred in the building's electrical room. **METRO IN CALGARY**



John Rustenburg stands next to a safety receiving device attached to the back of a piece of heavy machinery at the city's aggregate recycling facility. The device will alert equipment operators if a fellow employee is too close to the vehicle, avoiding a potential accident. MAURICE TOUGAS/METRO

Safety device to reduce accidents

Beep, beep. Getting too close to heavy equipment sets off alarm for the operator



MAURICE

TOUGAS

maurice.tougas@metronews.ca

Edmonton's aggregate recycling facility is a noisy and potentially dangerous place.

But a simple new piece of safety equipment now being tested should make the job safer for its workers — if perhaps even a little noisier.

The new technology, unveiled by the city on Wednesday at the recycling facility, will alert heavy-equipment drivers when another employee is too close to the vehicle.

Developed by Toronto-based company Scan-Link, the Armour System employs radio frequency identification.

The receiving unit, mounted on the back of a piece of equipment, detects specially equipped hard hats and vests, which have thin transmitters sewn in.

When a worker gets within six metres of the vehicle, an alarm sounds in the cab.

That tells the driver to stop and either check out the dash-mounted camera installed in some vehicles, or get out and assess the situation.

"This is an extra step in getting guys home safely," said Blair Buchholz, general supervisor of the city's aggregate recycling program, where concrete is crushed and recycled.

Jonathan Fava of Scan-Link said the technology "detects people and not objects" and is already in use in Fort McMurray.

A system costs about \$3,200.

Over the past two years,

Check-up

- **Number of incidents.** There have been no incidents of heavy vehicles backing over city employees this year, but two near misses.
- **In-country.** The system is entirely Canadian designed and produced.

there were eight fatalities in Alberta involving equipment backing up and running over workers, including one last fall at a different Edmonton facility.

1

NEWS

On the web

Weighed down? Feed your head instead

Losing the battle of the bulge? Don't blame yourself, blame your brain, say doctors who are using electronic pulses to rework hunger pathways in the brain. Go online to see how neurostimulation is helping the obese lose weight.

Mobile news



A tiny blood-sucking parasite from the Caribbean has been named in honour of Jamaican reggae icon Bob Marley. Is it an homage to the singer or sly insult? Scan the code to find out more.



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Historic recognition mulled for Edmonton's Church Street

Cluster. 12 churches line 96 Street from 105 to 111 avenues

 **HEATHER MCINTYRE**
heather.mcintyre@metronews.ca

Dotted with churches built between the turn of the century and the 1970s, Edmonton's 96 Street is a distinctive one.

And a council committee is discussing the possibility of designating the street a historic area from 105 to 111 avenues.

"Its title is well deserved with 12 churches on the street and another 10 within a few blocks," the city's sustainable-development manager, Peter Ohm, said at a meeting Wednesday.

Upon Mayor Stephen Mandel's request, city officials will return with a report on the cost of heritage designation, street-scaping possibilities, and ideas for a formal entrance and exit, as well as projects and initiatives already underway.

"I just think this is such a neat street," said Mandel.

Unofficial recognition

- 96 Street was honoured with a plaque from the Edmonton Historical Board in 2010.
- The area was also once listed by Ripley's Believe It or Not as having the largest concentration of churches in the world.

Such a move is a welcome one for the Friends of Church Street organization.

"It's high time Church Street was officially recognized for the historic gem it is within the city," said spokesperson Paula Kirman, noting the churches represent a variety of architectural styles and religious denominations.

The group also wants to promote 96 Street as a destination, perhaps through a Church Street Fair starting next summer. "There is just a certain atmosphere around here that is ... really worth taking some time and exploring," said Kirman.



The Queen of Martyrs Vietnamese Catholic Church sits on the corner of 108 Avenue and 96 Street. Churches along the stretch are visible in many shapes and sizes.

HEATHER MCINTYRE/METRO

Public school board weeds out herbicide use for lawns



Ornamental lawns in front of and next to Edmonton Public Schools will no longer have herbicides applied in order to control weeds, such as dandelions. HEATHER MCINTYRE/METRO

The lawns at Edmonton Public Schools are now herbicide-free.

Effective this month, the school board will not be applying herbicides to limit weed growth.

"It's been discussed at board (meetings), and we've received comments from parents and from interested citizens encouraging us to ban the application of herbicides and pesticides that, in their mind, were unnecessary," John Nicoll, EPSB's managing director of facilities, said Wednesday.

"We've looked at that and

decided that ... the application of poisons to control weeds for aesthetic purposes wasn't appropriate," he continued. "So we've moved to stop using them and to essentially ban, if you wish, the use of herbicides and pesticides."

Nicoll said though the use was minimal and always done by professionals following federal regulations, there is an argument that no level is safe.

"We certainly haven't had a lot of complaints," he said. "(But) we saw this as being an issue ... and if we didn't need to

Pest control

- Fertilizer will still be applied to the lawns, and turf quality and weed growth will be monitored over the summer.
- The district will still employ an exterminator to deal with rodents, if necessary, to avoid exposure to the hanta virus.

apply what is a poisonous sub-

stance, then why should we?"

The new rule applies to ornamental lawns only, as the City of Edmonton looks after sports fields under its integrated pest-management strategy.

According to the city's website, herbicides are only applied when necessary and on less than 10 per cent of green spaces.

Councillors turned down an all-out pesticide ban earlier this year, opting to hear an update in two years on ongoing efforts to reduce usage.

HEATHER MCINTYRE/METRO

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Killam RCMP shooting. Crown wants bail review

Crown prosecutors want a review after a judge granted bail to the man charged with shooting two Killam RCMP officers.

Sawyer Robison, 27, was released on bail on June 29 from the Edmonton Remand Centre. He faces two counts of attempted murder and 15 weapons charges.

The Crown says the judge who granted Robison bail made errors "in law and in principle." METRO



Sawyer Robison CONTRIBUTED

Zama City

Wind shift forces fire-threatened residents to flee

A mandatory evacuation order was issued shortly after 9:30 p.m. Tuesday for the hamlet of Zama City, about 930 kilometres north of Edmonton. The order came after wind shifted, pushing the 20-square-kilometre blaze toward the hamlet.

It took six hours for about 200 people to be moved 140 kilometres southeast to High Level. THE CANADIAN PRESS

Emergency services

Distraught man causes High Level Bridge closure

The High Level Bridge was closed for four hours during Wednesday morning's commute as emergency services helped a man in distress on the bridge.

Police said the bridge was closed from 6 a.m. to 10:30 a.m., until a man in his 30s surrendered peacefully to officers and was taken to hospital.

METRO



Aytahn, of Circus Montreal, performs for patients at Edmonton's Stollery Children's Hospital Wednesday as a part of Comedy Cares. LAURIE CALLSEN/METRO

Stollery gets special visit from street performers

Comedy Cares.

Street performers prove laughter is the best medicine

Quoted

"I'm happy to do it here for all the kids. It's really important to encourage them and help them."

Spandy Andy, dancer and street performers festival artist

laughter to sick kids.

"I think it's wonderful to bring something like this to all the kids. Lots of them can't get out and go anywhere," said mom Lisa Lang, whose daughter is a patient at the Stollery. "It just brings smiles to everyone's face and lightens the mood and makes everything seem just a little bit better."

The Comedy Cares performance is meant to provide sick kids who can't leave the hospital a chance to see the acts that go on in Churchill Square during the festival.

The program not only brightens the smiles of the young audience, but of the artists as well.

"I know from personal experience that positivity and smiling can be a really good medicine. It's a good way to recuperate and forget about your troubles in that moment. It means everything," said dance performer Spandy Andy, who danced in bright patterned spandex for the kids.

The festival, now in its 28th year, has been doing Comedy Cares for 13. The street performer festival runs until Sunday.

Follow Laurie Callsen on Twitter @MetroLaurie



Oilsands. Carbon capture, storage project approved

Funding

\$745M

The project is to receive \$745 million from the provincial government over 15 years and \$120 million in federal funding.

Alberta's Environment Department.

Shell says it must review the economics of the project with its partners, Chevron Canada and Marathon Oil, before deciding whether to proceed this year.

THE CANADIAN PRESS



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Just 15,000 inmates

Toews springs a jail surprise

Federal Public Safety Minister Vic Toews says predictions of an explosion in the prison population are not coming true.

Toews says the inmate population stood at just under 15,000 as of June 30 —

almost 3,000 below estimates by the Correctional Service of Canada.

Toews says the numbers refute opposition suggestions the government's tough-on-crime laws will put more people behind bars.

The numbers, Toews added, will allow the government to spend almost \$1.5 billion less by not building prisons.

THE CANADIAN PRESS

Branson family

A space trip? That's kids stuff

Richard Branson's space flight will be a family affair: The British tycoon says his two adult children will join him on a two-hour journey on SpaceshipTwo next year.

THE ASSOCIATED PRESS



Richard Branson reveals his space plans on Wednesday.

THE ASSOCIATED PRESS

Doctored photos

Petition targets Teen Vogue

Seventeen magazine promised them it would not alter body shapes in its photographs.

Now a group of teenage girls have collected 28,000 signatures asking Teen Vogue to stop digitally

manipulating images.

The girls said Teen Vogue and other magazines present an unrealistic notion of beauty.

Teen Vogue said: "We feature healthy models on the pages of our magazine and shoot dozens of non-models and readers every year and do not retouch them to alter their body size. Teen Vogue pledges to continue this practice." THE ASSOCIATED PRESS

700 geese gassed in safety flap

Airliners in danger.

Officials finally get permission to storm refuge near JFK airport

U.S. wildlife officials finally got their hands on 700 Canada geese.

They've gassed the geese that were holed up in a bird refuge next to John F. Kennedy airport in New York.

The birds, on protected land, were considered prime culprits in deadly aviation strikes.

On Monday, armed with permits, officials snared the 700 geese and shipped

A true hero

One Canada-goose midair strike produced true pilot heroism.

- Impact. Canada geese sucked into jet engines crippled U.S. Airways Flight 1549 in 2009.
- Splash. Capt. Chesley Sullenberger glided the plane into the Hudson River and saved all 155 people on board.

them to upstate New York for processing.

TORSTAR NEWS SERVICE



Terror hits a picnic trip as school bus spins into gorge

This is the spot where a student picnic trip ended in tragedy. A crowd gathers around an upturned school bus that fell into a gorge after an accident at Nambalbar, about 47 kilometres from Srinagar, India, on Wednesday. Two died and dozens were injured, reports said. MUKHTAR KHAN/THE ASSOCIATED PRESS

Carnage. Tigers kill man

Siberian tigers have fatally mauled a man at the Copenhagen Zoo.

Afghan-born victim.

Police say they don't know why he ended up in the tiger enclosure.

THE ASSOCIATED PRESS



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Hazing death. Florida university president resigns amid scandal

The president of Florida A&M University resigned Wednesday, the same day the school was sued by parents of a drum major who died after being beaten by fellow band members in a hazing ritual. It was unclear if the two events were related.

Robert Champion's death put a spotlight on the controversial new-member rituals among some of the country's top college marching bands.

Champion died after fellow band members beat him aboard a bus parked outside a hotel following a football game in November against the school's archrival.

Sanctions rollback

U.S. set to invest in Myanmar oil

The United States is poised to allow U.S. companies to invest with Myanmar's state oil-and-gas enterprise as the Obama administration takes its biggest step yet to roll back sanctions.

THE ASSOCIATED PRESS

Suicide attack

Yemeni cadets killed in bombing

A suspected al-Qaida suicide bomber detonated his explosives among a crowd of Yemeni police cadets as they were leaving their academy Wednesday, killing at least 10 of them, according to security officials.

THE ASSOCIATED PRESS

The school's trustees in June gave university president James Ammons a vote of no confidence after questioning his management of the band prior to Champion's death.

Champion's parents, Robert and Pamela, applauded Ammons' resignation, calling it part of a necessary "house cleaning" at the university.

Eleven band members face felony hazing charges and have pleaded not guilty. Their trial is scheduled to begin the same month as Ammons' resignation, in October.

THE ASSOCIATED PRESS

Americans agree: 9-11 is TV event of past 50 years

Research. Despite consensus on No. 1, men and women differ on cultural impact of other memorable telecasts

The Sept. 11, 2001, terrorist attack is by far the most memorable moment shared by television viewers during the past 50 years, a study released on Wednesday concluded.

The only thing that came close was President John F. Kennedy's assassination and its aftermath in 1963, but that was only for the people aged 55 and over who experienced those events as they happened instead of replayed as an historical artifact.

Sony Electronics and the Nielsen television research company collaborated on the survey. They ranked TV moments for their impact not just by asking people if they remembered watching them, but if they recalled where they watched it, who they were with and whether they talked



In this Sept. 11, 2001, photo, the twin towers of the World Trade Center burn behind the Empire State Building in New York. A study released Wednesday found the television coverage of the Sept. 11 terrorist attack left the largest impression on viewers in the past 50 years. MARTY LEDERHANDLER/THE ASSOCIATED PRESS

to other people about what they had seen. By that measure, the Sept. 11 tragedy was nearly twice as impactful as the second-ranked moment, which was the coverage of Hurricane Katrina in 2005.

Men and women agreed on the three most impactful television events — Sept. 11, Katrina and O.J. Simpson. After that, some interests diverged.

For example, women ranked the 1997 funeral of

Princess Diana as the fourth most memorable event, while men put that at No. 23. Young people ranked Barack Obama's Election Night speech in 2008 at No. 3, while older viewers ranked it 24. THE ASSOCIATED PRESS



Wendy Cross, shown in Atlanta on Tuesday, is out \$300,000 US after bank director Aubrey Lee Price allegedly fled the country with \$17 million of his clients' money. DAVID GOLDMAN/THE ASSOCIATED PRESS

U.S. banker allegedly slips away with \$17M

After penning a rambling confession to financial regulators and writing notes to his family, a south Georgia bank director boarded a ferry in Florida and disappeared.

Now local and federal investigators are trying to determine whether Aubrey Lee Price killed himself, as his lengthy confession would have them believe,

or whether he slipped away with \$17 million US of investors' money. His family has told authorities they believe he's dead, but federal investigators aren't so sure and have offered \$20,000 for information leading to his arrest.

"I created false statements, covered up my losses and deceived and hurt the very people

I was trying to help," says the confession letter investigators believe was written by Price.

Wendy Cross moved about \$300,000 to Price's firm after a trusted financial adviser told her it would be a good investment. She met Price in person once. She described a very religious, soft-spoken man with a gentle demeanor and an air of

kindness. "He should have won an Oscar for his performance that day," she said. "He has left a path of financial carnage."

Price left his home in south Georgia on June 16, telling his family he was headed to Guatemala for business, said Sgt. Aaron Pritchett of the Lowndes County Sheriff's Office.

THE ASSOCIATED PRESS

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'Save Lennox' fight fails as authorities put dog to sleep

Cause célèbre. Belfast pet inspired a legal battle and animal-rights protests on both sides of the Atlantic

A heated two-year campaign to save a pit bull-terrier-type dog in Northern Ireland came to an end Wednesday with the dog being "humanely put to sleep," according to a news release from the Belfast City Council.

Lennox's death was in "accordance with the Order of the County Court which was affirmed by the Northern Ireland Court of Appeal," city officials said in a statement.

The seven-year-old dog was seized by Belfast City Council dog wardens in May 2010. Experts suggested the dog represented a danger due to his unpredictability and should be put down.



This family photo shows Lennox, a pit bull-terrier-type dog who lived in Belfast. CONTRIBUTED

Judges from Northern Ireland's most senior court rejected a bid by the dog's owner — Caroline Barnes — to overturn that decision supported by two lower courts. The 35-year-old woman was heartbroken when she heard the news of her dog's demise, adding that her teenage daughter Brooke had not even been given the chance to say a final farewell to the family pet.

"We had told Brooke that even if we don't win she can

Online sensation

- The campaign to save Lennox was championed by about 200,000 people in an online petition.
- Celebrities such as dog trainer Victoria Stillwell, boxer Lennox Lewis and Northern Ireland's First Minister Peter Robinson had all called out on Twitter for the dog to be spared, the BBC reports.

still see Lennox, have her last pictures with him and say goodbye," Barnes told the Belfast Telegraph. "To then have to tell her that 'No, that is not happening,' it has been extremely unfair." The family has been told that Lennox's body will not be returned. The dog is to be cremated and the family will be given his ashes.

TORSTAR NEWS SERVICE

Welcome, P5

Pluto has a fifth moon: Scientists

Pluto may have been kicked out of the planet club, but it has gained yet another companion. Scientists announced Wednesday the discovery of the smallest moon yet around the icy orb, bringing the count of its known moons to five.

"We're not finished searching yet," said Hal Weaver of Johns Hopkins University, who thinks there may be more. The newfound moon will be known as P5 until it gets a proper name.

THE ASSOCIATED PRESS

Alaska

Baby beluga had multiple infections

Necropsy results show the baby beluga whale rescued in Alaska last month had multiple infections, including in his heart and lungs.

An Alaska Sealife Center veterinarian says early tests also confirmed suspicions that the whale's immune system wasn't fully developed. The whale died early Monday.

THE ASSOCIATED PRESS



Dances with bulls

Spanish bull fighter Jimenez Fortes performs with a Fuente Ymbro's bull at the San Fermin fiestas in Pamplona, northern Spain, on Wednesday. ALVARO BARRENTOS/THE ASSOCIATED PRESS

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A protester shouts slogans during a demonstration in support of female victims of abuse and violence in Kabul, Afghanistan, Wednesday.

AHMAD JAMSHID/THE ASSOCIATED PRESS

Afghanistan. Protesters rally against killing of woman accused of adultery

Dozens of men and women took to the streets of Kabul on Wednesday to protest the recent public slaying of an Afghan woman accused of adultery whose gruesome, execution-style killing was captured on video.

The footage, which surfaced recently, shows the woman being shot multiple times about 10 days ago in Parwan province, north of the Afghan capital. The gunman was encouraged by people who stood nearby, smiling and cheering.

Police in Parwan said the Taliban were behind the killing, but the insurgents have denied they ordered or carried out the slaying.

It was a reminder that girls

Condemnation

- The death of the unidentified woman, who was said to be in her 20s, set off a storm of condemnation. President Hamid Karzai, the U.S. Embassy, the top NATO military commander in Afghanistan and activist groups all denounced the killing.

and women still suffer shocking abuse in Afghanistan, but the protest also indicated that people's views on women's rights could be slowly changing.

THE ASSOCIATED PRESS

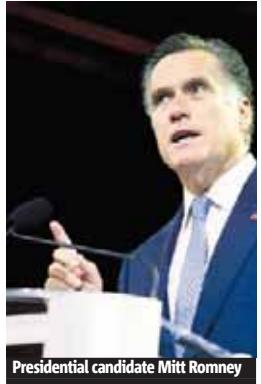
Romney booed during pitch to black voters

NAACP. U.S. presidential candidate takes shots at Obama while attempting to reach out to key demographic

Republican presidential candidate Mitt Romney made a major pitch to black voters Wednesday with a heavy emphasis on the economy, but was booed when he promised to get rid of the Obama administration's health-care overhaul.

"I will kill every expensive and unnecessary program I can find, and that includes Obamacare," Romney said, then waited and smiled through the crowd's disapproval.

He faced more boos when he criticized President Barack



Presidential candidate Mitt Romney
EVAN VUCCI/THE ASSOCIATED PRESS

Obama, who won 95 per cent of the black vote in 2008, and expects high support again in the November election.

Republicans and Democrats

said Romney was making a statement just by speaking to the oldest U.S. civil-rights group. His speech tried to show independent and swing voters that his campaign is inclusive.

"If equal opportunity in America were an accomplished fact, then a chronically bad economy would be equally bad for everyone," Romney told the annual meeting of the National Association for the Advancement of Colored People. "Instead, it's worse for African Americans in almost every way."

The economy is the main issue in this year's presidential race. The U.S. unemployment rate is stuck at 8.2 per cent (14.4 per cent among blacks).

Romney argued he's best suited to create more jobs.

THE ASSOCIATED PRESS



Derailment launches emergency crews

This aerial photograph shows a derailed freight train in Columbus, Ohio. Part of the freight train carrying ethanol derailed and caught fire early Wednesday, prompting the evacuation of a kilometre-wide area as firefighters and hazardous-materials crews monitored the blaze. Officials said they don't know yet what caused the accident. Nobody aboard the train was injured. EMON QUEENEY/THE COLUMBUS DISPATCH/THE ASSOCIATED PRESS

Forced abortion

Family accepts cash settlement

The family of a woman forced to undergo an abortion because she ran afoul of China's one-child policy has accepted a cash settlement, apparently ending a controversy that caused a public uproar and embarrassed the government.

THE ASSOCIATED PRESS

Mississippi

Abortion clinic will remain open

A federal judge on Wednesday continued to block a law that threatened to shut down Mississippi's only abortion clinic and make it nearly impossible for a woman in one of the poorest states in the U.S. to get the procedure.

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Scavenger attack

Raccoons chase, bite woman

A Washington state woman says she was attacked and bitten by raccoons after her dog chased several of the animals up a tree. Several raccoons chased Michaela Lee for more than 20 metres, knocked her down and bit her.

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Online vigilante group targets pedophiles

Calling them out.

Netherlands chapter of collective announces plans to shut down child-porn sites, publish suspected users' names

KIERON MONKS
Metro World News

Hacker collective Anonymous has launched Operation PedoChat, an international campaign against online pedophiles, disabling child-abuse websites and publishing lists of suspected users.

In a video message posted this week on Anonymous Netherlands, a masked spokesman announced: "We Anonymous aim to diminish if not eradicate this plague from the Internet. For the good of our followers, for the good of mankind, and for our own enjoyment we shall expel from the Internet and systematically destroy any such boards that continue to operate."

There has been a rapid response from the group's inter-



Anonymous with a Guy Fawkes mask in Los Angeles. VINCENT DIAMONTE/Flickr

national chapters and the statement has been translated into several languages. Websites such as boychat.org and boylovenews.com have been taken down. Thousands of suspected pedophiles are named on Anonymous websites.

The group is best known for attacks on major credit agencies and government websites, but has recently made pedophiles a focus. In 2011, the group hacked 40 websites and released the names of 1,500 suspected pedophiles as part of Operation Darknet, and published another list of names in June. Experts believe "Operation PedoChat" has taken the campaign to a new level. "This time Anonymous members

seem much more set on doing damage as factions around the world rally behind the cause," commented tech blog ZDNet.

Despite a positive reaction on Twitter, victim-support groups are critical. "Cheap publicity-seeking can be counterproductive as there is a risk the pedophiles can go off-radar and disappear," Peter Saunders, CEO of the U.K. National Association for People Abused in Childhood (NAPAC), told Metro.

Frontier justice

- A spokesperson for the CEOP, the UK police department for child protection online, told Metro that Anonymous "may be compromising ongoing investigations" and that activists hacking illegal sites could be prosecuted themselves
- The spokesperson urged members of the public to share information with authorities, adding that "police are doing better in this area."



Miners' strike turns ugly

A woman grapples with riot police during a demonstration by Spanish coal miners Wednesday in Madrid. The miners had marched to Madrid in protest of industry subsidy cuts. Six demonstrators were hospitalized after police fired rubber bullets. Police made seven arrests, and two officers were injured.

DENIS DOYLE/GETTY IMAGES

West Virginia

Man accused of torturing, enslaving wife

Authorities say a U.S. man tortured and enslaved his wife for much of the past decade, forcing her to endure two pregnancies and childbirths in shackles.

A criminal complaint against Peter Lizon, 37, says one baby was stillborn and buried on the family farm in West Virginia. The other survived, but apparently has never had medical care.

Chief Deputy Tony Boggs said 43-year-old Stephanie Lizon endured more suffering than virtually any domestic-violence victim he's seen.

The complaint says Stephanie Lizon was burned on her back and breasts with irons and frying pans and had her foot smashed with a piece of farm equipment.

Peter Lizon's attorney, Shawn Bayliss, said the allegations are not only untrue but "the fabrication of a fertile imagination or a feeble mind, one of the two."

THE ASSOCIATED PRESS

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Q2. Consumer spending up, but June figures suggest slowdown: Study

Consumer spending increased in the second quarter compared with a year ago but that figures for June point to a slowdown, according to a report by credit- and debit-card processor Moneris Solutions.

Moneris said Wednesday that, overall, consumer spending increased 4.67 per cent year-over-year in the quarter, but that the smallest amount of growth,

Modest growth

2.74%

Apparel, a traditionally strong spending category for Canadians, experienced more modest growth, with an increase of 2.74 per cent compared to the same period last year, Moneris said.

3.72 per cent, occurred in June.

"While the Canadian economy continued to experience healthy growth in the second quarter of 2012, some signs point to a potential reduction in spending," said Jim Baumgartner, president and CEO, Moneris Solutions.

During the second quarter, the entertainment category saw the highest increase in overall spending in the quarter, up 9.43 per cent, while hotels and restaurants came in a close second, with growths of 6.75 and 6.41 per cent, respectively.

The specialty retail category also experienced strong growth, with stationery (6.62 per cent), florists (6.33 per cent) and pet shops (6.14 per cent) leading the increase in dollars spent.

THE CANADIAN PRESS

San Bernardino

Another California city goes bankrupt

As recently as last month, no city in California had opted for bankruptcy since 2008, and no U.S. city of more than 200,000 people had ever chosen that route.

The past two weeks have changed that, as the fiscal struggles faced by many American cities became too much for some to bear.

San Bernardino became the third California city in that small span to choose

Chapter 9 bankruptcy protection with a city council vote on Tuesday night.

The southern California city of about 210,000 people will also become the second largest in the nation ever to file for bankruptcy.

Stockton, a northern city of nearly 300,000, became the biggest when it filed for Chapter 9 on June 28.

The much smaller city of Mammoth Lakes voted for bankruptcy July 3.

San Bernardino was facing a budget shortfall of \$45.8 million US.

THE ASSOCIATED PRESS

Market Minute

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Natural gas: \$2.853 US (+11.6¢)

Dow Jones: 12,604.53 (-48.59)

Cool new cash can't handle heat wave

Melting money.

Polymer banknotes reportedly don't stand up to this summer's sweltering conditions



GRAHAM LANKTREE
Metro in Ottawa

Despite having more security features than you can shake a stick at, Canada's new polymer-based banknotes may have one weakness — the sweltering summer heat.

Brittney Halldorson, a teller at the Interior Savings Credit Union in Kelowna, says the new \$50 and \$100 bills are supposed to withstand boiling water, but she has seen cases where several of the bills melted.

"We have seen it a few times now where there have been either three to four, or five to 10 (bills) all melted together," she said.



Shrivelled bills were all one man found after he stored his money in a tin near a heater. CONTRIBUTED/CAMBRIDGE TIMES

In January, a report from Cambridge, Ont., noted that a man who stored his bills in a tin box near a heater returned the next day to find them shrivelled and melted together.

"We've put these notes through a lot of testing so that they stand up to our very hot summers and cold winters.

The notes perform as intended under the conditions," said Julie Girard, a currency spokesperson for the Bank of Canada.

Girard said that if anyone has a bill that has been damaged in any way, they can have the money replaced by filling out a form on the bank's website.

The bank's new \$20 note is set for release this November, Girard said, and the remaining \$5 and \$10 denominations will be out before the end of 2013.

Follow Graham Lanktree on Twitter @MetroGraham



RIM's board grilled by shareholders

Research In Motion has taken many hits in recent months, but the composition of the BlackBerry maker's board of directors is a growing concern for some shareholders who are pushing for major changes sooner rather than later.

Vague assurances by chairwoman Barbara Stymiest of changes to come at the company's annual meeting this week left some, including activist shareholder Vic Alboini of Jaguar Financial, unsatisfied and calling for a makeover of the board now.

Alboini, who declared his hard stance at the shareholder

gathering, showed no signs of letting up Wednesday saying chief executive Thorsten Heins was not suited for the job.

"I think he should be gone from the company. He was there for the last five years and he was part of the problem," Alboini said in an interview Wednesday.

Alboini has called for RIM to bring on more diverse board members, including one from Silicon Valley and two from New York, adding that the company could also benefit from additional non-Canadian members.

"You might also need some-

body in Southeast Asia," he said, of a market that RIM has proclaimed of particular interest as it looks to push sales of its older BlackBerry smartphones in the short term.

"If there's some person that has worked for Apple, or Samsung and has super marketing experience, why not bring them on the board?"

Heins previously served as RIM's chief operating officer and took the reins of the company in January from CEOs Jim Balsillie and Mike Lazaridis, and quickly assured investors that RIM would stay the course with no layoffs in

sight.

Now the company is in the midst of a massive layoff of about 5,000 employees in an effort to help save about \$1 billion by the end of fiscal 2013.

I think there's a real substantial loss of credibility between Heins and the shareholders," Alboini said.

"You've got to be genuine as a leader; you've got to be authentic. There's nothing wrong with giving somebody a chance to fix (the company), but you've got to be honest about what happened in the past."

THE CANADIAN PRESS

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MAN VS. TOILET: THE ETERNAL STRUGGLE



HE
SAYS...

John Mazerolle
metronews.ca/hesays

Today, I am a man. I mean, I've been male for as long as I can remember. But I've never been a guy's guy. I like hockey because of the elegant flow. I like The Tragically Hip

because of the delicate lyrics. And I like MMA because I enjoy watching jackasses in bars swinging their fists at the TV and yelling "kill him!" when the screen is showing two men hugging on the floor.

This lack of manhood made me uncertain when confronted with the challenge every true man must face: The clogged toilet.

I had to cross the Rubicon, and it wasn't flowing properly. It started as all clogs do, with the water rising towards the top of the bowl and me willing it to stop with a battle cry of "no, no, no!" and staring at it really hard.

I tried to defeat it with the plunger. But this was no ordinary clog. You know those movies where fighter jets are flying around The Squid From Beyond the Stars and their missiles do nothing? That was my plunger.

At one point the toilet ripped the plunger from my hands, broke it in two and spit it across the room, chuckling at me. The toilet will independently confirm this story.

and spit it across the room, chuckling at me. The toilet will independently confirm this story.

This was my darkest hour. So I did as many great warriors through history have done when all seemed lost, I turned to the sages. In this case, plumbers on YouTube with Louisiana accents who brag about their toilets the way other guys show off their sports cars.

Here I learned about my silver bullet, my Excalibur, my Star Trek technology that solves everything and is then forgotten in all future episodes.

I learned of the closet auger — a big snake that goes into the toilet, grabs the evil inside, and rips it out of the Hell-mouth. It seemed a little out of my depth, but I'd have used a whip and chair if they'd told me to.

I asked a few acquaintances at the local watering hole if they had an auger. Because I had not yet earned the respect of my fellow men, they all asked me the same thing: "Did you try a plunger?" as if I'd never heard of one. I assume they imagined me standing in the bowl and jumping up and down.

I ventured into a hardware store, chose my weapon, and pulled from the toilet the source of all evil: One sock. How a sock ended up in the toilet I cannot be sure, but I'm going to assume the toilet ate a previous owner.

So, now, I am a man. I faced my fears, the enemy without and within, and came away a hero. If you need your toilet unclogged, I will gird my loins and once again make the plunge — a man for all times.

I also understand women do this sort of thing without making a big fuss. If you're into that sort of thing.



Every man's nemesis: the toilet. ISTOCK

This chipmunk has gone nuts



DANIEL PARENT/SOLENT

Wildlife photography

Funny chipmunk gorges on nuts

This greedy, and indeed cheeky, chipmunk appeared to have bitten off more than he could chew when he got into a pile of peanuts.

The cute critter was part of a group of eight that had been given the nuts to share.

Metro chatted with Daniel Parent about his amusing photograph.

METRO



Daniel Parent, 51, is a photographer from Gatineau, Que. JIM CUMMING

Parent on his experience

• How did this happen?

"I was photographing a rare leucistic chipmunk in Ottawa, and was using the peanuts to distract the regular chipmunks," Parent explains. "There were about eight of them and some appeared to be quite greedy and stuffed their mouths, creating this amusing photo opportunity. I wasn't counting but I think some chipmunks easily got two peanuts into their cheeks, some of the more ambitious tried

to get more. I sat about six metres away with my camera and waited for the chipmunks to come and get the peanuts."

• Chipmunk challenge.

"Chipmunks are quick and most just grabbed a peanut and left," Parent says. "It took some time for this chipmunk to stay still and try to put as many peanuts in its mouth. Then I had to be in the right position to capture a moment in time when the chipmunk was in sight and stayed moderately still."



Twitter

@Duncan_Paterson:

This is not a good day to leave crayons on the seat of your car (but you CAN lick the monkey bars without the fear of getting stuck) #yeg

@injunnutt:

#yeg, when are we starting Festival Fest?

@kaycee_kay:

I tripped over a lethargic bunny today while distractedly texting. You know it's hot when! #yeg

#bitchabouttheweather

@UrbanEdm:

Lesson learned last night: rowing is harder than it looks when olympians do it. Also an evening on the river is a good evening. #yegrow #yeg

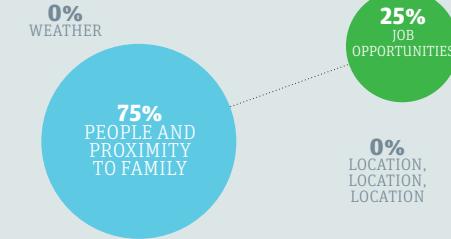
@lizwithey:

You know you're getting older when the heatwave record temps are lower than your age. Hang on: is that why old people like Fahrenheit? #yeg



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Entertainment in brief

Courtney Love being sued, again

Courtney Love's former assistant is suing over unpaid wages and claims the rocker made unethical requests such as instructing her to hire a hacker and falsify legal letters. Jessica Labrie filed the wrongful termination, wage and breach of contract lawsuit in Los Angeles on Tuesday. The suit states Labrie worked as Love's administrative assistant for about a year in 2010 and 2011, but was fired after complaining she was owed thousands in unpaid wages and expenses for business trips.

THE ASSOCIATED PRESS

On the web



Hollywood-driven Stand Up to Cancer telethon returns in September to raise money, awareness



Latin dancers at the Heritage Days festival. COURTESY HERITAGE DAYS

Passport to the world

Heritage Days.

Festival to have more than 60 pavilions representing countries and cultures from around the world



JENNIFER LARAWAY
Jennifer Laraway
edmonton@metronews.ca

There are only a few weeks to go until the 37th annual Heritage Days in Edmonton's Hawrelak Park and Executive Director Jack Little is excited, if not slightly apprehensive.

"I'm scared," he answers with a chuckle when asked how the final preparations are going. "To be honest, everything is organized and we're ready so I'm wondering what I forgot. What's going to bite me?"

An eight-year veteran with the event, Little will be just fine. He's seen and done it all. Right now, the behind-the-scenes focus is getting the new and returning countries prepared for the ever-growing festival.

"For the first time ever, Egypt is joining us. They are a bunch of great, energetic young people," says Little. "We paired them with some of our more experienced pavilions to mentor and prepare

Details

The festival runs noon to 9 p.m. on Aug. 4, 10 a.m. to 9 p.m. on Aug. 5 and 10 a.m. to 7 p.m. on Aug. 6.

- Donations to the Edmonton Food Bank are welcome.
- There is no public parking on-site so make arrangements.
- Admission to the event is free but tickets are required to sample the food and are available from Servus Credit Unions, Save on Foods, and at tixonthesquare.ca.

them. The whole goal is for them to hear tips on what to do or not to do."

This year, more than 60 pavilions will represent cultures and countries from all over the globe. "Each pavilion has two major components. One is food, of course. The other is artifacts, which can be anything made in that country, many of which are for sale," explains Little, adding that Scandinavia is bringing a Viking boat to distinguish themselves this year. "There is also a stage for neighbouring pavilions to share in order to put on performances native to their country."

The entire festival, including participating countries and admin support for Herit-

age Days, is run by more than 1,000 volunteers, and according to Little, "That's the reason Heritage Days are so successful year after year."

Admission to the August 4 to 6 event is free but tickets are required to sample the food and are available from Servus Credit Unions, Save on Foods, and at tixonthesquare.ca.

Correction

An error ran in last week's article regarding Taste of Edmonton tickets. The early bird discount is 10 per cent. We apologize for the error.

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FT Sask - 15 mins, Spruce Grove - 30 mins, ST Albert - 25 mins

Last weekend, pop queen Katy Perry got the documentary treatment with the opening of *Katy Perry: Part of Me*. Although more suggestive than her Disney Channel counterparts (The Jonas Brothers, Miley Cyrus/Hannah Montana) or Justin Bieber, Perry joins the ranks of musicians popular with tweens and teens to be sanctified on the silver screen through a biopic/documentary. Earplugs in place, we take a look at these behind-the-scenes tales of a pop sensation's life on the road.

KILLIAN YOUNG
Metro World News in New York

Music biopics fit for a tween

Hannah Montana & Miley Cyrus: Best of Both Worlds Concert Tour (2008)

Most ridiculous part: A father with two daughters wears a platinum Hannah Montana wig and says, "I didn't expect so much screaming." A 14-second screaming montage follows.

Song that's just as good or better than the original: Miley Cyrus (as herself) performs The Best of Both Worlds — the theme to her TV show — along with her alter ego, Hannah Montana, who is digitally rendered on a large screen. It's surprisingly moving.

Part where the artist seems most human: When Miley Cyrus is dropped during a stunt at one of the shows and voices her concern later in practice, the viewer realizes that at the start of her Best of Both Worlds Tour, Cyrus was only a 14-year-old girl on a 54-city tour of the U.S.



Justin Bieber: Never Say Never (2011)

Most ridiculous part: Bieber grew up playing drums, and in a home video (in which he wears his trademark backwards fitted hat), he throws down a sick beat.

Song that's just as good or better than the original: When he performs One Less Lonely Girl, Bieber's staff brings one girl from the crowd onstage. Once in front of the crowd, the Biebs serenades the girl while gently caressing her. At the end, he gives her a bouquet of flowers. Aww.

Part where the artist seems most human: Home footage seems to serve as the harbinger of Bieber's musical career — as a toddler he effortlessly lays down a beat on a conga drum and strums a guitar that is much too large for his tiny frame.



Jonas Brothers: The 3D Concert Experience (2009)

Most ridiculous part: In the opening scene, the band's van gets stuck in traffic on the way to the Today show in New York City. Within seconds, the JoBros are mobbed by a mass of screaming teenage girls.

Song that's just as good or better than the original: During That's Just the Way We Roll, the first live song in the film, the band is aided by an orchestra and some intense pyrotechnics in front of a sold-out crowd.

Part where the artist seems most human: After bodyguard "Big Rob" Feggans wakes up the brothers at 4:30 a.m., they eat breakfast together in their hotel room. Joe Jonas starts to shake the table while yelling, "Earthquake!" It initiates some good-natured ribbing among the three brothers.



Katy Perry: Part of Me (2012)

Most ridiculous part: Katy Perry's older sister makes an appearance as Perry's nerdy alter ego, Kathy Beth Terry — complete with headgear and braces — from the video for Last Friday Night (T.G.I.F.).

Song that's just as good or better than the original: Katy Perry runs through numerous costume changes throughout a performance of Hot N Cold. This occurs on a colourful, Candy Land-esque stage that might give you a cavity just by looking at it.



Part where the artist seems most human: Perry struggles with the decision to perform or cancel a gig in front of her largest crowd in Brazil while in the midst of a breakdown due to her divorce.

metro

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"One of the most delightful things about 'To Rome With Love' is how casually it blends the plausible and the surreal, and how unabashedly it revels in pure silliness."

A.O. Scott, THE NEW YORK TIMES

"'To Rome With Love' has pleasures galore."

Peter Travers, ROLLING STONE

"It's hard not to fall under the movie's spell and indulge in some picturesque escapism."

Claudia Puig, USA TODAY

"Funny and silly and packed with crisscrossing story lines about love and desire played out by a terrific cast. Like a gracious host, Woody Allen sends us out of the theater with the sense that we've been to a really good party with people we'd like to see again and again."

Karen Durbin, ELLE

"So assured and Allen's plotting so intricate it's hard not to marvel at it. I marveled."

David Edelstein, NEW YORK MAGAZINE

WOODY ALLEN
ALEC BALDWIN
ROBERTO BENIGNI
PENÉLOPE CRUZ
JUDY DAVIS
JESSE EISENBERG
GRETA GERWIG
ELLEN PAGE

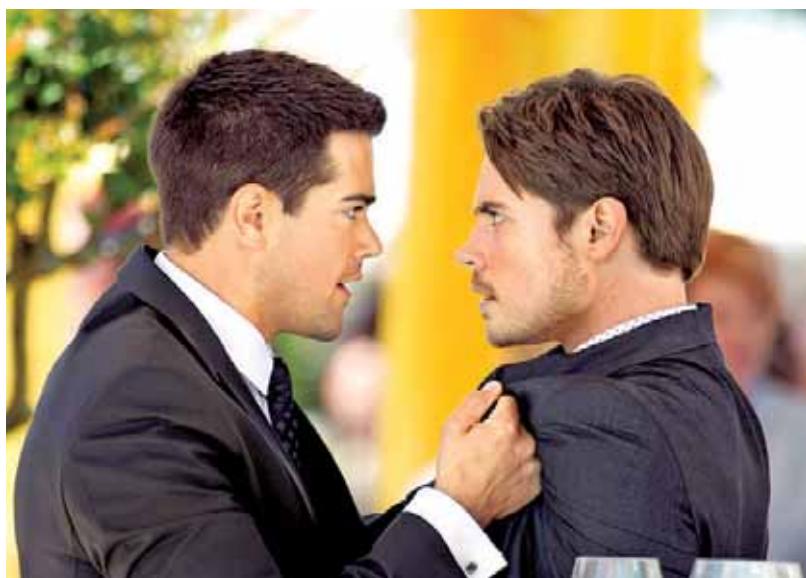


TO ROME WITH LOVE

WRITTEN AND DIRECTED BY WOODY ALLEN

SONY PICTURES CLASSICS PRESENTS A MEDUSA FILM & GRAVIER PRODUCTION
A PERDIDO PRODUCTION "TO ROME WITH LOVE" WOODY ALLEN ALEC BALDWIN

ROBERTO BENIGNI PENÉLOPE CRUZ JUDY DAVIS JESSE EISENBERG GRETA GERWIG ELLEN PAGE
CASTING BY JULIET TAYLOR PATRICIA DICERTO BEATRICE KRUGER COSTUME DESIGNER SONIA GRANDE
EDITOR ALISA LEPSLETER PRODUCTION DESIGNER ANNE SEIBEL, ADC DIRECTOR OF PHOTOGRAPHY DARIUS KHONDJIAN, ASC, AFC
CO-EXECUTIVE PRODUCER JACK ROLLINS CO-PRODUCERS HELEN ROBIN DAVID NICHOLS PRODUCED BY LETTY ARONSON
STEPHEN TENENBAUM GIAMPAOLO LETTA FARUK ALATAN WRITTEN AND DIRECTED BY WOODY ALLEN



Jesse Metcalfe as Christopher Ewing, left, and Josh Henderson as John Ross Ewing in a scene from Dallas. HANDOUT

Dallas blurring line between what is right and wrong

Nuanced. Actor who plays adopted son on hit remake born in same year original premiered

If anyone knows camp and high drama, it's soap opera veteran Jesse Metcalfe.

But the hunky alum of over-the-top serials *Desperate Housewives* and *Passions* says the days of outrageous histrionics are behind us.

Now TV is ready for a more grounded take on sex, duplicity and dirty dealing, he says, noting that his latest nighttime serial *Dallas* plays the genre pretty straight.

"And I love that about our show. It's relatively grounded," Metcalfe says during a recent stop in Toronto to promote the return of the '80s smash. "Obviously, at times it's a bit of a heightened reality but it's a straight-forward family drama. And we like to think it's part of the resurgence of the nighttime drama away from all this reality television. A movement more towards scripted television."

The 33-year-old Metcalfe — who was born the year the original *Dallas* premiered — says the tongue-in-cheek camp that took hold over the last decade has run its course.

"I think that pendulum is definitely swinging back towards a more grounded, more serious tone. People certainly get enough of that in reality television so if you're looking

Intrigue

As dramatic, scandalous as ever

Just three weeks into its 10-episode summer run, word came that *Dallas* had notched enough of a following to warrant a second season.

So far, the Ewing clan has rolled out its fair share of drama: Christopher has just learned his new bride (Julie Gonzalo) and her brother are gold-diggers, greedy cousin John Ross (Josh Henderson) is trapped in a deal rapidly heading south, Bobby just learned JR has hoodwinked him out of protecting the future of Southfork while Bobby's wife Ann (Brenda Strong) appears to be hiding a dark past of her own. *Dallas* airs Wednesdays on Bravo.

for another option hopefully the new *Dallas* can fill that void," says Metcalfe, who plays adopted son Christopher Ewing alongside returning originals Patrick Duffy as the principled Bobby and Larry Hagman as the scheming JR.

Metcalfe, whose character continues to pine for his first love Elena (Jordana Brewster), says he likes that most of the characters here are not so black-and-white.

"There's a lot more grey

area there, you know. The line between right and wrong, and good and evil is a little less defined," says Metcalfe, whose character is pushing the family business into green energy initiatives.

Metcalfe was born in 1978 — the year the original series premiered — and turned to old episodes of the series to get to know the work of his new costars, Duffy, Hagman and Linda Gray (who returns as a more polished, independent Sue Ellen).

Metcalfe says it was important to him to get a sense of tone, a flavour for what the show is really all about.

"In a lot of ways, it's the same show — the themes that were at the heart of the original series are very much the same themes running through the new series," he says. "It's about ambition, greed, loyalty and betrayal, it's about the interpersonal relationships in this dysfunctional family."

He notes that *Dallas* basically films on a working ranch filled with horses and cattle. It's also a favourite tour destination for hardcore followers of the original series who occasionally turn up while shooting takes place.

"A lot of times you'll be shooting a scene with an audience," says Metcalfe. "I'm hoping that the new series takes hold just as much as the original one and hopefully we can continue in the tradition of the original series and have another television phenomenon on our hands."

THE CANADIAN PRESS



Katie Holmes ALL PHOTOS GETTY IMAGES

Katie Holmes went to Cruise's ex-wife for advice on divorce

Katie Holmes reportedly had some high-profile sounding boards as she planned her exit from her marriage to Tom Cruise — including Cruise's second ex-wife, Nicole Kidman, according to Us Weekly.

"They've spoken over the last few weeks," a source says. "Nicole has been supportive, saying she's been through it too and to hang in there. Nicole offered her support."

and help."

The two first became acquainted when Holmes married Cruise in 2006.

"She has been a private friend not many people know about," the source explains.

So how did Holmes reach out to Kidman on the sly? The L.A. Times reports that Holmes used a disposable cell phone provided by a friend to plot her divorce escape.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Travis Barker still struggles with flying after famous crash

THE WORD

Monica Weymouth
scene@metronews.ca

Four years after surviving a deadly plane crash, Travis Barker is still understandably hesitant to fly, and his travel restrictions are making the latest Blink 182 tour a little difficult.

"This will be the big tour that supports the album in Europe. Mind you, I'm not flying, so it's hard to say what the band could

do or what its potential is, because I can't really get everywhere," the drummer tells Red Bulletin magazine.

Barker is, however, planning to give it another go if the tour takes them down under.

"I'm contemplating getting knocked out and getting on a plane to Australia. I want to overcome that eventually," he continues. "When I do, I think it's going to be Qantas. They never had a crash, never had a fatality — knock on wood. It's something I want to overcome."

We salute you, Travis. Take care and treat yourself to some premium tranquilizers — you could totally afford to hire Ira Glass to talk about baby kangaroos for the entire 20 hours.

Twitter



@BetteMidler

Why does every girl in TopShop look exactly alike? What am I doing in TopShop?



@russellcrowe

did this thing where you do 10 push ups, prone hold for 30 secs, 9 push ups, prone hold 30 secs etc, only takes 6 or 7 minutes but it got me



@ElizabethBanks

My kid opened a magazine to a picture of an Estée Lauder fragrance model, pointed and yelled "mama!" #bestkidever #mademyday



@SethMacFarlane

Wanna just get away from it all. Which campground gets the best iPhone reception?



Jessica Biel

Biel comfortable with Timberlake picking the pants in the relationship

Jessica Biel doesn't mind being the less fashion-conscious of the couple compared to fiancé Justin Timberlake.

"He is fearless in his choices

and has a real eye for design. And I'll be honest: He has better taste than I do," she tells InStyle.

"When I walk out of the closet after getting dressed in the morning, I'll go like this and turn palms upward as if to say, 'Well?' And he goes like this and shakes his head no. Then he picks again. It's hilarious."



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LIFE

Fashion Flash

Aeropostale taps Chloe Moretz as its model and style curator

At age 15, actress Chloe Grace Moretz is already an ambassador. It's for Aeropostale, the youthful fashion brand, and it's a job that's likely to come with some clout and influence — especially with teenage shoppers. Moretz will be featured in advertisements through next spring, largely wearing clothing she's selected and styled herself. She will also curate collections in-store and online. "I get my own section, I got to pull my own clothes. Girls can go and see what I love and what I wear in the shoots. It's a way for me to be in touch with girls," Moretz said in a recent phone interview. Moretz starred in Hugo and The Amityville Horror and has the title role in the upcoming remake of the horror classic Carrie.

THE ASSOCIATED PRESS

On the Web



Cowboy hats on royal heads bring Calgary company booming business

Attention men, it's about to get loud

Trend alert. With a riot of hot colours, prints and metallics, the spring/summer '13 men's wear shows are not for the shy

RICHARD PECKETT
life@metronews.ca

Seemingly, these days, men are more sartorially daring and, boy, are they going to need to be, judging by the menagerie of prints on offer. Dolce and Gabbana looked to a Sicily of old, with images of Sicilian barrows, puppets ('pupi') and temples, all desirably nostalgic. In contrast, Dries Van Noten combined camouflage and leopard — disguise or defence?

Whatever the meaning is, you won't be overlooked in these. Kenzo continued the camo trope with a look to the jungle. That's the urban jungle with abstracted leopard print and tiger stripes of baggy shorts and boxy tees — a key trend for the season.

Metallics: feel the steel

Think of metallics and you're probably picturing a man in a tin foil robot suit. Lanvin's monochromes were broken up with futuristic, cyborg-esque tailoring, shorts and a rather splendid pea coat, all accentuated by the dead-eyed models. But it was Versace who ramped it up with a homoerotic gladiatorial extravaganza. The outerwear and accessories appeared as a campy Mad Max-Matrix hybrid. Burberry took a break from the sobriety of its recent shows by further continuing the sci-fi motif, with models resembling Blade Runner-esque replicants with ice blue shirts and fuchsia trenches.

Colours are hotting up

This season a pop of colour has progressed, thanks to the likes of Gucci who cut tailoring among other pieces in leaf green, mustard yellow and reds that ran the gamut. Ghastly? No, captivating. Similarly red, the most evocative of colours was used to



Gucci CONTRIBUTED



Dolce & Gabbana CONTRIBUTED



Louis Vuitton CONTRIBUTED



Emporio Armani CONTRIBUTED

Try this look

Bare your arms

To pull off this trend you best get working on those biceps. Givenchy, Jean Paul Gaultier and Acne all pumped out the look.



Acne / CONTRIBUTED



Kenzo CONTRIBUTED

Try this look

Shorts go long

After a few seasons of tight, tailored shorts, the designers like Jil Sander, 3.1 Phillip Lim, Emporio Armani and Alexander Wang have relaxed the look with some chilled out, baggy styles. Takes the pressure off having a good butt, gentlemen.

Twitter



JEANNE
SPACE
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@Jeanne_Beker: This tutu puts me in the mood to shop @thehudsonsbayco. Designed by Svetlana Lavrentieva



@Jeanne_Beker: Drooling over the dresses at Pretty You, chic-est shop in Monaco!



@Jeanne_Beker: Dig these jewel encrusted UGGs, at Pretty You in Monaco... Ready for the cottage!



@Jeanne_Beker: The view from my room in Beaulieu sur Mer. Bliss!

The Kit

Canadian street style

Spotted in: Halifax

Meghan Tansey Whitton
Photographer, Street Style Blogger
at Fashion East

Age: 32

What she's wearing:

Cheap Monday jeans, La Senza lace top, vintage shirt, purse and combat boots

Her inspiration:

"Eclectic, and there's always some androgynous element. I like to mix femininity and androgyny."



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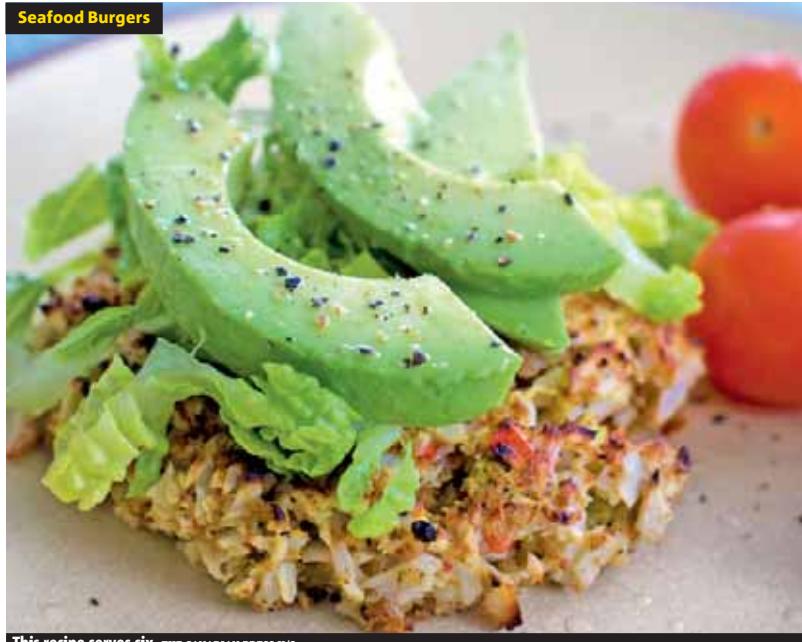
Follow us

Tuna, salmon and crabmeat combine to make diabetic-friendly Seafood Burgers

"This burger goes far beyond the fast-food variety," Angela Medearis says in her book *The Kitchen Diva's Diabetic Cookbook*. "Imitation crabmeat, canned

Ingredients

- 1 lb imitation crabmeat, canned tuna packed in water, or canned salmon
- 1 large egg, lightly beaten
- 1/2 cup whole-wheat panko breadcrumbs
- 1/4 cup plain low-fat Greek yogurt
- 2 tbsp low-fat mayonnaise
- 1/3 cup finely chopped red bell pepper
- 2 scallions, including green parts, finely chopped
- 1 tsp Dijon mustard
- 1 tbsp lemon juice
- 1 tsp poultry seasoning
- 1/4 tsp cayenne pepper
- 1 tsp ground black pepper
- 6 whole-wheat hamburger buns, split and toasted
- 1/2 cup shredded lettuce
- 1 avocado, peeled, pitted and sliced



This recipe serves six. THE CANADIAN PRESS H/O

tuna, or salmon all make delicious seafood burgers,

and are a healthy source of omega-3 fatty acids. Try a combination of all three for a tasty treat."

1. In a large bowl, combine the crabmeat, salmon tuna (or all three), egg, bread crumbs, yogurt, mayonnaise, celery, bell pepper, scallions, mustard, lemon juice, poultry seasoning, cayenne and black pepper. Mix gently, then form into 6 patties.

2. Refrigerate for 30 minutes.

3. Heat the oven to broil. Coat a baking sheet with cooking spray.

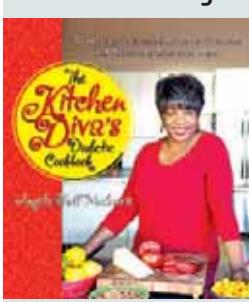
4. Arrange the patties on the prepared baking sheet. Broil for 3 to 4 minutes, then carefully flip and broil for another 3 to 4 minutes, or until golden brown.

5. Place each burger in a toasted bun and top with lettuce and avocado slices.

THE CANADIAN PRESS/ RECIPE ADAPTED FROM ANGELA SHELF MEDEARIS' *THE KITCHEN DIVA'S DIABETIC COOKBOOK*, ANDREWS MCMEEL, 2012

Book of the week

Modern spin on Diabetes cooking



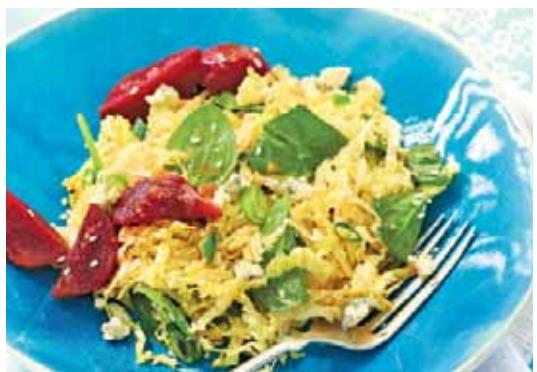
Angela Shelf Medearis releases an inspirational collection of more than 150 simple, flavourful and budget-friendly recipes in her book *The Kitchen Diva's Diabetic Cookbook*.

Recipes address dietary needs of prediabetics, juvenile diabetics, type 1 and type 2 diabetics, and more.

You'll find recipes featured on The Dr. Oz Show such as Buttermilk Pecan-Crusted Tilapia as well as Jerk Chicken Salad, Herb Cauliflower Couscous and more. A detailed nutritional and caloric analysis is included in each recipe to ensure that daily nutritional requirements are met.

METRO

Sweet & Savoury. Spinach & Savoy Cabbage Slaw with Roasted Beets



To roast the beets in this recipe, wrap them together in foil and bake at 425 F (220 C) for 1 hour or until tender when tested with the tip of a knife. If you're running low on time, you can also use store-bought pickled beets.

1. Whisk together vinegar, oil, soy sauce, hot pepper jelly, ginger and garlic. Toss with shredded cabbage, spinach, green onions and sesame seeds.

2. Cut roasted beets into wedges and gently toss with salad. Sprinkle blue cheese over and serve immediately.

Ingredients

- 4 tbsp (60 ml) seasoned rice wine vinegar
- 2 tbsp (30 ml) sesame oil
- 2 tsp (10 ml) soy sauce
- 1 tsp (5 ml) hot pepper jelly, melted
- 1 tsp (5 ml) ginger, finely minced
- 1 tsp (5 ml) garlic, minced
- 4 cups (1 l) savoy cabbage, cored and shredded
- 3 cups (750 ml) baby spinach
- 4 green onions, finely sliced
- 2 tbsp (30 ml) toasted sesame seeds
- 4 medium roasted beets
- 2 tbsp (30 ml) crumbled blue cheese

Leftover rice gets new life in quick Chorizo Rice Frittata

This 20-minute meal is perfect for a rushed weekday supper. Serve it with a mixed green salad.

1. Heat a 25-cm (10-inch) ceramic, enamelled cast-iron or non-stick, oven-safe skillet over medium-high heat; add oil. Cook sausage, onion and red pepper, breaking sausage up with wooden spoon, until sausage is crumbled and cooked through, about 3 minutes. Stir in rice, paprika, salt and pepper; cook until heated through, about 1 minute.

2. Meanwhile, in a bowl, whisk eggs, milk, parsley; pour evenly over sausage mixture. Cover and cook over medium heat until bottom and sides are firm and top is almost set, about 8 minutes.

3. Sprinkle with cheese; transfer to a preheated oven and broil on high, watching closely, until cheese is bubbly, and frittata set, about 2 minutes.

4. Let stand 5 minutes. Slide onto cutting board and cut in wedges.

THE CANADIAN PRESS/USA RICE FEDERATION, RICEINFO.COM



This recipe serves eight. THE CANADIAN PRESS H/O

Ingredients

- 15 ml (1 tbsp) olive oil
- 375 g (12 oz) fresh chorizo pork sausages (about 3), casings removed
- 1 small onion, diced
- Half sweet red pepper, diced
- 250 ml (1 cup) cooked medium- or long-grain white rice
- 4 ml (3/4 tsp) smoked or sweet paprika
- 1 ml (1/4 tsp) each salt and pepper
- 10 eggs
- 50 ml (1/4 cup) 10 per cent cream or whole milk
- 45 ml (3 tbsp) chopped fresh parsley
- 125 ml (1/2 cup) grated Manchego cheese or cheddar cheese

Keep cool with haute home decor



Blocking the sunlight and controlling air flow are two ways to keep your space feeling cooler this summer. HUNTER DOUGLAS

Beat the heat. When the temperature rises, stay fresh and cold with these sleek, simple cooling devices



DESIGN
CENTRE
Karl Lohnes
home@metronews.ca

With record-breaking temperatures this summer and the thermometer expected to keep rising throughout most of the country this week, it's important to not only look cool, but to keep your home cool too.

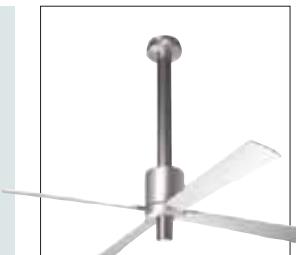
Here are a few homeowner-friendly products that will keep you cool — and keep your home looking chic. None require major installation, and all are cool-looking (and feeling!) and well worth the money.

Cool the air

Spot cooling with a portable air conditioner is a great way to save energy by only cooling the areas of your home that you use on a regular basis. The DeLonghi Pinguino portable air conditioner has handles and castors for easy portability. Its 9000 BTUs can cool up to 350 square feet, and the built-in fan, dehumidifier with silent operation and remote control will be your climate-control friend year-round.



Portable air conditioners allow for spot cooling when air conditioners can't be installed. DeLonghi Pinguino Portable 9000, \$500, Delonghi.ca



Move the air

A ceiling fan can help reduce scorching temperatures by six to 10 per cent and costs little to run. In the winter it can help to improve air circulation and distribute heat that rises toward ceilings and in corners of a room, helping to get rid of condensation on windows. The Modern Fan Company's Pensi aluminum ceiling fan (with a fabulous discrete light) boasts an ultra-modern sleek look for the minimalist decorator.

The Pensi ceiling fan keeps you cool with a clean, industrial look. \$480, ModernFan.com

Choose your breeze

Tabletop fans bring a cool breeze into warm spots at night and circulate the air during the day. The Dyson Air Multiplier AM01 fan works without blades, which means air isn't "chopped," creating that annoying buffering sound. The Air Multiplier technology amplifies surrounding air and creates an uninterrupted stream of air. It's not only efficient, but beautifully sculptural too.



Portable fans can cool a room but add sculptural interest. Air Multiplier AM01 fan, \$400, DysonCanada.ca



Block the heat

The beauty of window coverings is that they give you full control of light and keep heat out in the summer. Hunter Douglas Architella Honeycomb Shades not only offer up modern style, but also energy efficiency — three air pockets within the honeycomb provide an R-value of up to 7.75 (a 4 R-value will prevent up to 75 per cent heat or cold loss through a window) and will insulate your window from the hot rays hitting the windows.

Window shades keep the heat out in summer and the cold out in winter. Architella Honeycomb Shades, starting at \$250, Hunter-Douglas.ca

Ironing

Beat linen woes with this combo

During the summer months, I face the usual dilemma of whether or not I should iron my summer linen wardrobe. If I iron it, what's the best



CHARLES
THE BUTLER
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way to do this as easily and effortlessly as possible?

Whether you should iron your linen is a personal

fashion statement. But I can help you get rid of the wrinkles.

In order to iron linen successfully, you need the clothing to be humid combined with the heat of a hot iron. Without both you can never iron successfully.

Why humidity? Won't a hot iron get rid of the wrinkles? Surprisingly, no.

Most people hate ironing because they don't have good results. They iron with heat but no humidity and get frustrated when the wrinkles don't disappear. Steam created when you iron clothing with a combination of humidity and heat allows the linen fibres to relax and get rid of the wrinkles.



When ironing you need a combination of heat and humidity. ISTOCK IMAGES



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A whirligig by Volls Simpson along the entrance to Fearrington Village near Pittsboro, N.C. GERRY BROOME/THE ASSOCIATED PRESS

Whimsical, wind-powered whirligigs an engineering feat

Folk art. Vision of one man brings outsider art into the public eye

The eccentric vision of a self-taught North Carolina artist famed for his whirligigs is getting an overhaul that's as much about engineering as it is about art.

Just as more traditional conservators might study an artist's canvas and paints, a

16-member team is restoring about 30 whirligigs — wind-driven creations constructed from motor fans, cotton spindles and other recycled parts — that stand as high as 50 feet.

Volls Simpson built the contraptions over the years. But at 93, his knees no longer allow him to maintain his creations.

With the help of approximately \$2 million in grants and donations, a few organizations in nearby Wilson are building the Volls Simpson

Whirligig Park. It's scheduled to open in November 2013. Between now and then, the team is sprucing up whirligigs that have spent decades in the elements, including more than a few hurricanes.

"He made them to last his lifetime, and they basically have," said Danny Price, a retired Bridgestone tire plant worker who's now the whirligig mechanical foreman. "So our next step is to make them last generations."

The whirligigs — some weighing as much as 3 tons with hundreds of moving parts — are folk art or outsider art, works created by someone without a formal background in art.

The whirligigs have captured attention across the U.S. Buyers include a shopping centre in Albuquerque, the American Visionary Art Museum in Baltimore and the American Folk Art Museum in New York City. **THE ASSOCIATED PRESS**

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Steps to stop that blackspot

If it's your rose bush rather than your dog that you're calling "Spot," then it's time for action.

And getting rid of blackspot — the disease that's marring your roses — need not mean dowsing the plant with chemicals.

First, get to know the enemy: Diplocarpon rosae, a fungus feared by rosarians almost everywhere. Those black spots, if you look closely, have fringed edges and

black pimples at their centre to distinguish them from other possible leaf-spotting diseases. Infected leaves soon yellow, then drop, meaning less energy for the bush which, in turn, means fewer flowers and sometimes the death of the plant.

Over the almost 200 years that the disease has been known, its causal fungus has paraded under about 25 different scientific names. Still, its lifecycle is simple.

A year in the life of blackspot disease

Blackspot disease spent the winter mostly in infected leaves that fell to the ground. Spring warmth and rain awakened the fungus to shoot spores up into the rose bush and infect young, unfolding leaves.

Moisture was needed to get those spores moving, and then the leaves had to stay moist for a few hours before infection could set in.

Once spores get up into the bush in spring, infection can continue through the summer as spores hopscotch from leaf to leaf. Spores are released and get footholds only when moisture is present for enough time.



Controlling blackspot on rose bushes doesn't require harsh chemicals. ISTOCK IMAGES



Joe Justice paints a piece of a Volts Simpson whirligig at a warehouse where renovations are taking place in Wilson, N.C. GERRY BROOME/THE ASSOCIATED PRESS

Volls Simpson

Just an old country boy'

About 20 miles away from the warehouse where the team mulls over Simpson's work, Simpson himself sits in a rickety chair, surrounded by scrap metal and smaller whirligigs, suitable for family yards and tabletops.

Several of his larger whirligigs still stand there; a few will remain after the park is built, including one that will stay as a gift to the community.

Simpson is conflicted about the park — he knows

he can no longer care for the whirligigs but he's lonesome without them.

"Well, I kind of hate to see them go," he said. "I've looked at them for 50 or 60 years."

He says he's excited about the park, but is concerned about the opening date that's more than a year away. "I just hope I live to see it."

To the people restoring the whirligigs, Simpson is both artist and engineer. But Simpson says he doesn't consider himself an artist.

"But everybody says I am," he said. "I'm just an old country boy."



Whirligigs by Volts Simpson. GERRY BROOME/THE ASSOCIATED PRESS

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Prevention is the first step

Blackspot needs moisture to take hold, so one way to control it is to plant rose bushes where they will dry off quickly from dew and rain — in full sunlight (which roses need for best flowering anyway), and away from walls or dense shrubs where air can stagnate.

This also means pruning away enough stems that remaining ones can bathe in drying light and air. And wet the ground, not the leaves, when watering and avoid working among the bushes when they are wet.

Gathering up and composting the leaves the bush drops in autumn can lessen the amount of disease in ocumul the following spring. Even better is to mulch the ground sometime between late autumn and late winter, each year leaving old mulch in place as you pile on new. Besides mulch's usual benefits, in this case it also acts as a barrier to keep that first batch of spores from the leaves.

Plan before planting

Roses vary in susceptibility to blackspot, and the easiest way to deal with it is to grow a plant that won't get diseased in the first place.

Among hybrid teas there are varieties that resist blackspot, such as Tropicana, Mister Lincoln, Pink Peace, Carefree Beauty and Keepsake. Some grandiflora and floribunda types that resist blackspot include Queen Elizabeth, Sonia, Betty Prior and Bonica.

Don't put too much stock in blackspot resistance, though, because there are a number of races of the blackspot fungus, so a variety may be resistant in one locale but not in another.

More reliable resistance is found among so-called species and shrub roses. Blackspot usually doesn't cause problems with Father Hugo's Rose, rugosa roses, and some of the newer varieties of shrub and landscape roses.

Spray as a last resort

If you already have roses in the ground and don't want to replace them, they have a relatively good site, and you prune and mulch them, you could still be calling your rose bush Spot.

Even then, before you reach for some highly toxic pesticide, try a more benign alternative: baking soda, that universal cure for everything from dirty dishpans to smelly refrigerators.

Mix a tablespoon and a half, along with either a few drops of dish detergent or two tablespoons of summer oil (also called horticultural oil) per gallon of water and spray weekly. For some gardeners, this spray makes Spot a dog's name again.

THE ASSOCIATED PRESS



Sweat Equity host Amy Matthews. HANDOUT

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Landscape for less with these easy backyard projects

DIY. Transform your outdoor space into a beautiful garden retreat without breaking the bank

The summer months encourage outdoor living and entertaining, but landscaping can be a costly project to take on. Sweat Equity host Amy Matthews helps homeowners tackle projects themselves and shares techniques to save money along the way.

Amazing arbor

Create a dramatic entrance to your garden with an arbor. These add height to landscaping and provide a place for flowering vines such as wisteria or clematis to grow, resulting in a crown of flowers.

Arbors are a great alternative to a full pergola or gazebo as they require substan-

tially less material, which results in lower costs.

There are also various styles to suit different design tastes such as arched garden arbors or those with flat tops. Some homeowners prefer to let arbors stand alone without flowers so their architectural beauty takes the spotlight.

Build a rock garden

Rock gardens can be used in areas that prove difficult for many plants to grow, such as on dry soil surfaces. This results in a lower expense over the long run as you won't need to replace greenery that has not survived or spend your time and money keeping those flowers blooming.

Garden centres provide a variety of rock sizes and colours — everything from flagstones to small pea stones to large boulders. Selecting rocks with similar colour hues is a good starting point; choose tones that comple-

ment the colours of your home or landscaping.

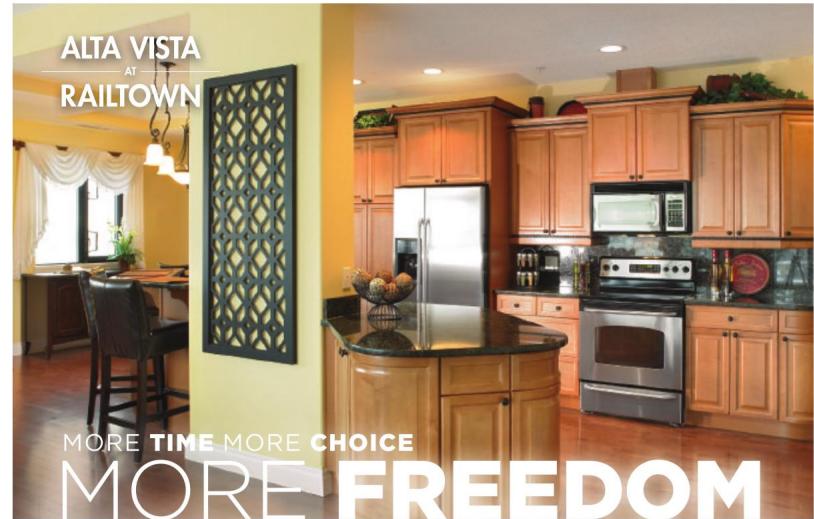
Small cacti make great additions to rock gardens since they require little maintenance. To avoid weeding, create a weed barrier under the rocks by laying down landscaping fabric before getting started.

Make your own lighting

Instead of purchasing expensive outdoor lighting and taking time to wire your yard with the appropriate outlets, consider making your own.

A charming DIY light source is to fill mason jars with river stones and a tea light. Or use different colours of sand in place of river stones for more pizzazz. Your new lighting can either hang on hooks around a deck or gazebo or be placed along a garden path to give it an enchanting evening glow.

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Hot decor for summer shindigs

Cocktail parties.

From South Beach serveware to rustic-rock centrepieces, there's tons goods to make your soirée a success

Ah, summer. There's something about these warm, languid days that makes many of us want to throw together a little gathering.

Picking a cocktail party theme makes planning the menu and decor more fun. Here are just a few to get your creative wheels turning. Invite your favourite people, add some fairy lights and lanterns, and get the party started.



'60s South Beach

Showtime's new Magic City TV series, set in mid-century Miami, is inspiration for party decor and music with a retro vibe, served with Cuban-influenced canapes.

At Pottery Barn, you'll find a collection of melamine plates, serveware and coordinating linens in muted vintage tropical prints.

Palm-leaf-patterned ceramic serveware in deep blues and olive greens are part of Cindy Crawford Style's Eden collection at JC Penney.

And even if you're land-bound, craft stores offer shells, coral and starfish you can add to baskets and trays filled with store-bought play sand to create table decor. Or place one dramatic tropical flower or frond in a tall slim vase.

Serve appetizers with Latin flair, such as Cuban shrimp skewers, mini empanadas and spicy popcorn. Play the Rat Pack music that was popular in the era at Miami's big hotels — Frank Sinatra, Ella Fitzgerald, Sammy Davis Jr.

Cocktails in Cortona

You may not be under the Tuscan sun this summer, but you can still set a similar scene for your guests.

Fill a large glass vase with water, lemons and sunflowers. Or take a cue from London-based stylist Sania Pell and fill clear vessels with untrimmed vegetables such as radishes, celery and carrots for a rustic look.

Pottery Barn has melamine versions of the iconic Talavera pottery, while Williams-Sonoma has unbreakable dishware in Mediterranean patterns.

Small bites are the way to go with any cocktail party; they're easy for guests to handle, and

your food trays will be easier to refresh. For this one, consider tiny tomato tarts, a sampler of Italian ices, and shot glasses filled with cold soups like cucumber dill or tomato basil.

Tokyo terrace

A city balcony is the perfect place for a chic, Asian-inspired cocktail party. Set up the Zen zone with baby conifer pots or moss nestled into interesting dishes. Wrap votives in origami paper.

Branchhome.com has Wasara's elegant bamboo and sugarcane-fiber disposable tableware that's great looking and eco-friendly.

CB2's Format orange enamel tray and an array of colourful clothespin-style chopsticks would be stylish options.

Crabcakes,

salmon satays and melon ball lollipops, along with bowls of Japanese crackers and wasabi nuts, will satisfy snacking guests.

Cabin fever

Bring the woodsy cabin vibe home to the city or suburbia with a few playful accessories and a comfort food menu. A few inexpensive bandanas, a plaid blanket or an old quilt make colourful table coverings.

Homegoods has a canoe-shaped condiment server complete with "paddle" spoons. You'll find patchwork-patterned acrylic plates here too, as well as co-ordinating drink pitchers and utensils. Set out mini sliders, roasted vegetable skewers and paper cups filled with seasoned fries.

THE ASSOCIATED PRESS



Patchwork acrylic plate (above), \$7.99, and metal cutout lanterns, \$12.99 - \$24.99, both from HomeGoods.com



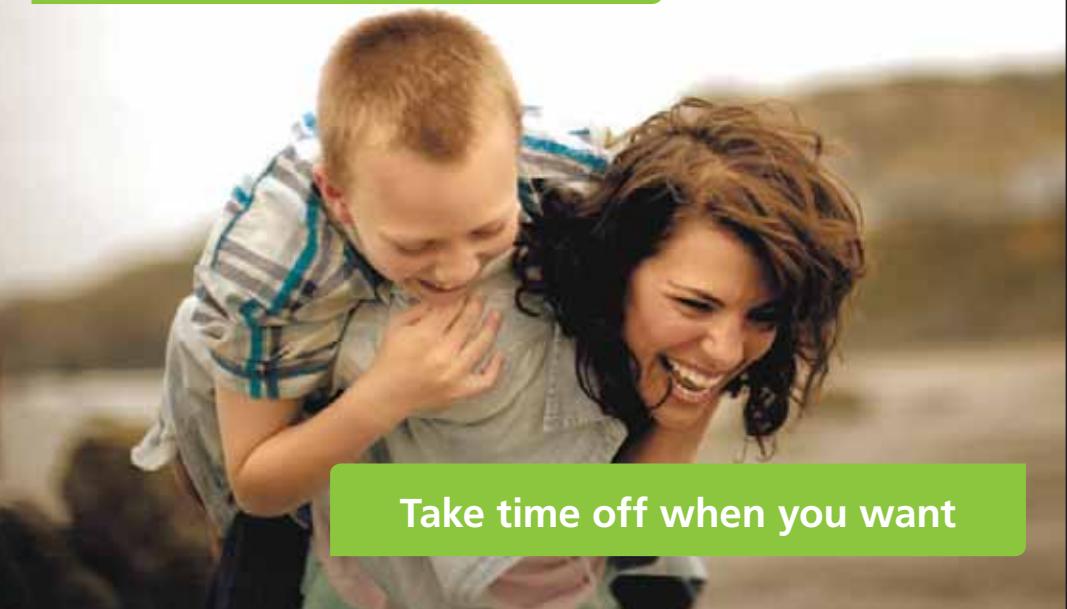
Starfish bowls, \$10.50 each. POTTERYBARN.CA



Luau Melamine Plates, set of 4, \$31.45 - \$39.48. POTTERYBARN.CA

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CFL

Stampeders QB Tate sidelined

Calgary Stampeders coach John Hufnagel estimates starting quarterback Drew Tate will be out for five or six weeks with a left shoulder injury.

Veteran Kevin Glenn will take over.

THE CANADIAN PRESS

Cycling

French favourite wins Tour stage

Thomas Voeckler of France led a five-rider breakaway to win the 10th stage of the Tour de France as the race entered the Alps on Wednesday, while Bradley Wiggins retained the overall lead.

THE ASSOCIATED PRESS



Thomas Voeckler crosses the finish-line on Wednesday. THE ASSOCIATED PRESS

NBA

The Tim Duncan era continues

The San Antonio Spurs announced Wednesday that they re-signed Tim Duncan, bringing back the 36-year-old forward for at least a 16th season.

Terms of the deal were not disclosed.

THE ASSOCIATED PRESS

NBA

"I'm not going to come in and expect for coach to cater to who I am and what I do."

Ray Allen, who will make \$3 million this season after officially signing a contract with the Miami Heat on Wednesday.

Cycling

Armstrong given time to contest doping charges

The U.S. Anti-Doping Agency on Wednesday granted Lance Armstrong an extension of up to 30 days to contest drug charges while the seven-time Tour de France winner challenges the case in federal court. The move erases the Saturday deadline for Armstrong to either send the case to arbitration or accept sanctions from USADA, which would likely include a lifetime ban from cycling and other sports along with stripping the Tour titles he won from 1999-2005.

THE ASSOCIATED PRESS

Returners running away with accolades through Week 2

CFL. Return game turns heads with TD outburst in opening two weeks

Mike Benevides is 2-0 as a CFL head coach, thanks to the B.C. Lions special teams.

The defending Grey Cup champions haven't skipped a beat with their rookie head coach. But Benevides says the Lions wouldn't be undefeated if not for the play of Tim Brown, the CFL's top punt returner this season.

"There's no way we would've won the last two games without our special teams in terms of our return game," the Toronto native said. "For us, it was a huge part of the wins."

The play of Brown and other returners was indeed special last weekend as three punts and a missed field goal were taken back for touchdowns. That gives the CFL four special-teams TDs so far, which is already half of last year's total.

Winnipeg's Demond Washington had the first return TD, taking a punt back 82 yards in a 41-30 loss to Montreal on Friday night. In the nightcap, Brown had an 81-yard punt return for a touchdown in B.C.'s



B.C.'s Tim Brown celebrates a touchdown against Hamilton last Friday in Vancouver. DARRYL DYCK/THE CANADIAN PRESS

39-36 home win over Hamilton, a game that also saw Chris Williams of the Tiger-Cats score on a 67-yard punt return.

On Saturday, Calgary's Larry Taylor returned a missed field goal 125 yards for a touchdown in a 39-36 road loss to Toronto.

"That (four return TDs the same weekend) is probably a surprise when you look at it but overall you can see why," Benevides said. "It's one of those things that's exciting for the fans and is a huge part of

the CFL."

Hamilton rookie head coach George Cortez agreed. Well, sort of.

"I don't think anybody in the league is happy about the state of their special teams," Cortez told reporters Tuesday. "Let me rephrase that."

"Everybody is happy with the return game and nobody is happy with their coverage game."

Brown certainly gave Benevides plenty to smile

about Friday with six punt returns for 222 yards, two missed field goal returns for 136 yards and two punt returns for 70 yards in addition to a 13-yard catch.

Benevides, a former special-teams coach, says return teams usually have the early advantage on cover squads.

"At this point in time it's Week 2, there's still a feel-out process in terms of the personnel on rosters and where guys play on certain positions," he said. THE CANADIAN PRESS

Mobile sports



With fastballs, sliders, curves, slurves, two-seamers, four-seamers, cutters, palmballs, splitters, forkballs, knuckleballs and even the infamous gyroball, you might think this is a golden age of pitching. But are there that many more pitches today? Or did we just figure it out with scouting and technology? Scan the code for the story.

NBA. Nash still surprised to be joining the Lakers

Steve Nash knew the scene was more than a bit surreal when he stood in the Los Angeles Lakers' training complex, grinning and holding up a gold No. 10 jersey with his name on the back.

"Being here right now is something I never foresaw," Nash said Wednesday. "That (jersey) was a major hurdle for me just to get over visually as a player."

The two-time MVP will get used to it. After spending the past 16 years trying to beat L.A. in Phoenix and Dallas, Nash is switching teams to chase NBA titles alongside Kobe Bryant.



Steve Nash in El Segundo, Calif., on Wednesday. THE ASSOCIATED PRESS

The Lakers welcomed Nash on Wednesday, a week after reaching a deal to get the superstar point guard from the Suns.

THE ASSOCIATED PRESS

Hockey

Lamoriello on way to U.S. hall of fame

Lou Lamoriello, New Jersey's longtime general manager, who has led the Devils to three Stanley Cup titles and five Eastern Conference crowns, was named Wednesday to this year's induction class of the U.S. Hockey Hall of Fame.

Former players Mike Modano, who won a Stanley Cup with the Dallas Stars, and Eddie Olczyk, who won one with the New York Rangers, are also a part of the class that will be enshrined in the fall.

THE ASSOCIATED PRESS

NHL. Winter Classic adds second alumni game to include more legends

Next season's Winter Classic between the Detroit Red Wings and Toronto Maple Leafs will include two alumni games and around 100 players from the storied franchises.

Representatives from both teams announced preliminary rosters at a news conference Wednesday at Comerica Park, where the alumni games are scheduled to take place Dec. 31. The 2012-13 editions of the Red Wings and Maple Leafs will play the Winter Classic on Jan. 1 at Michigan Stadium in Ann Arbor. THE ASSOCIATED PRESS

Quoted



"It's a great idea to have the second one to open up the option to have more guys to be a part of it."

Former Maple Leafs captain Wendel Clark

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AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	52	33	.612	—
Baltimore	45	40	.529	7
Tampa Bay	45	41	.523	7/
Boston	43	43	.500	9/
Toronto	43	43	.500	9/

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	47	38	.553	—
Cleveland	44	41	.518	3
Detroit	44	42	.512	3/
Kansas City	37	47	.440	9/
Minnesota	36	49	.424	11

WEST DIVISION

	W	L	Pct	GB
Texas	52	34	.605	—
Los Angeles	48	38	.558	4
Oakland	43	43	.500	9
Seattle	36	51	.414	16/

Tuesday's result

National League 8, American League 0

Fridays' games

L.A. Angels at N.Y. Yankees, 7:05 p.m.
Detroit at Baltimore, 7:05 p.m.
Cleveland at Toronto, 7:07 p.m.
Oakland at Minnesota, 8:10 p.m.
Chicago White Sox at Kansas City, 8:10 p.m.
Texas at Seattle, 10:10 p.m.

Saturday's games

L.A. Angels at N.Y. Yankees, 1:05 p.m.
Cleveland at Toronto, 1:07 p.m.
Detroit at Baltimore, 7:05 p.m.
Boston at Tampa Bay, 7:10 p.m.
Oakland at Minnesota, 7:10 p.m.
Chicago White Sox at Kansas City, 7:10 p.m.
Texas at Seattle, 9:10 p.m.

Sunday's games

L.A. Angels at N.Y. Yankees, 1:05 p.m.

Cleveland at Toronto, 1:07 p.m.

Detroit at Baltimore, 1:35 p.m.

Boston at Tampa Bay, 7:10 p.m.

Oakland at Minnesota, 2:10 p.m.

Chicago White Sox at Kansas City, 2:10 p.m.

Texas at Seattle, 4:10 p.m.

ALL-STAR GAME RESULTS

2012 — National, 9-0

2011 — National, 5-1

2010 — National, 3-1

2009 — American, 4-3

2008 — American, 4-3 (15 innnings)

2007 — American, 5-4

2006 — American, 3-2

2011 — National, 5-1

2010 — National, 3-1

2009 — American, 4-3

2008 — American, 4-3 (15 innnings)

2007 — American, 5-4

2006 — American, 3-2

2010 — National, 5-1

2009 — American, 4-3

2008 — American, 4-3 (15 innnings)

2007 — American, 5-4

2006 — American, 3-2

2009 — American, 4-3

2008 — American, 4-3 (15 innnings)

2007 — American, 5-4

2006 — American, 3-2

2008 — American, 4-3 (15 innnings)

2007 — American, 5-4

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2007 — American, 4-3

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1851 — American, 3-2

Across

1 Bear lair
5 Bookkeeper (Abbr.)
8 Pocket bread
12 "Yeah, right"
13 Part of UCLA
14 From the beginning
15 Seasoned beef product
17 Luminary
18 Hot tub
19 Work with
20 Tale
21 Spot on a domino
22 Resume
23 Macho type
26 Takes temporarily
30 Love god
31 Remiss
32 Met melody
33 Dangerous snake
35 Use a Cuisinart
36 Mex. neighbor
37 Pub order
38 Fragment of glass
41 Country club instructor
42 Branch
45 Cougar
46 Potpourri
48 Enthusiastic
49 Id counterpart
50 Geometry calculation
51 Got up

52 Buddhist sect
53 "Swell!"
Down

1 Uppercase letters
2 Pronto, on a memo
3 Master-Card rival
4 Small salamander
5 Necklace fastener
6 Apple or pear
7 Spanish for "so"
8 Rural composition
9 Busy with
10 Wardrobe malfunction
11 Distorted
16 Destruction
20 Round Table address
21 Grazing land
22 Carton
23 That woman
24 Geological time
25 Witticism
26 Tavern
27 Raw rock
28 Victory
29 Blue
31 Actress Thompson
34 1960s hallucinogen
35 Rorschach picture
37 Bad lighting?
38 Mast



39 "Les Miserables" author
40 Andy's pal
41 Senate staffer
42 Broad expanse

43 Comic Caroline
44 Vegan's no-no
46 Candy in dispensers
47 Mystery writer Rankin



Yesterday's Crossword



Cryptoquip

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

I X A Y G M G K W A Y L A K
H V P V L P G J N M G J L G H A K Y ,
V P B W W N P A X A P X N B J C
N K C A K G P M K A I C K V H A K .

Yesterday's Cryptoquip: IF A GUY IS DRESSED IN A FELINE COSTUME, MIGHT YOU CALL HIS HAIRSTYLE A "CAT MAN DO"?

Today's Cryptoquip Clue: I equals W

How to play



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Horoscope

Aries | March 21 - April 20.

With Mars, your ruling planet, moving through the partnership sector of your chart, this is the perfect time to assess your relationships.

Taurus | April 21 - May 21.

Your capacity for hard work is legendary but you could be tempted to take on too many tasks over the next 24 hours. While your energy may be unlimited, your time is not.

Gemini | May 22 - June 20.

Throw yourself into a creative activity and forget about personal problems. Working hard on projects that you enjoy will be therapeutic.

Cancer | June 21 - July 22.

You need to get over your sense of injustice and stand far enough back to see the big picture. Then you will realize that life is a lot fairer than you have given it credit for.

Leo | July 23 - Aug. 22.

Forget about work for the next 24 hours and do something that is purely for fun. If you can arrange it, a trip away from your usual environment will do you the world of good.

Virgo | Aug. 23 - Sept. 22.

You may want to make a good impression on certain people but don't do anything you might later regret. Success is important, of course, but so is your sense of integrity.

Libra | Sept. 23 - Oct. 22.

All the things that you should have done but never got around to are possible for you now. Make use of Mars in your sign to motivate yourself to do something spectacular.

Scorpio | Oct. 23 - Nov. 21.

There will be a number of distractions today and it is quite likely that you will get frustrated at not being able to focus on one thing at a time.

Sagittarius | Nov. 22 - Dec.

Even if you are a rare Sagittarius who prefers their own company, you will want to be involved in a group activity of some sort today.

Capricorn | Dec. 22 - Jan. 20.

You may be determined to prove you have what it takes, but you must also accept there are forces in the world that can't be defeated.

Aquarius | Jan. 21 - Feb. 18.

Mars in your fellow Air sign of Libra means there is no excuse for moaning that you don't get the breaks. Instead of waiting for luck to come your way, go out and grab it.

Pisces | Feb. 19 - March 20.

Others will be eager to involve you in their schemes, but be on your guard. Yes, there is money to be made, but you won't get something for nothing. **SALLY BROMPTON**

Weather

TODAY

MAX: 28°
MIN: 19°

FRIDAY

MAX: 27°
MIN: 15°

SATURDAY

MAX: 27°
MIN: 16°



MICHELE MCDOUGALL WEATHER SPECIALIST

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You write it!

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camera, Dual zone climate control,
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input, 6 speakers!

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CITY
DRIVING



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stability control, Tilt
telescopic steering!



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